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Leadership Training Institute
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Week 5 – Leadership Skills

Materials

Paper
Tape
Paperclips
Career Booklets (Resume HO and Interview HO)
Notecards

Mini-Building Project

Start Time	3:00
End Time	3:20
Group Size	Small groups
Activity Leaders	

Materials:

Scratch paper, paper clips, masking tape

Set-Up:

Give each group (3-4 students) a stack of paper, 3 paper clips and 1 foot of masking tape

Description:

Each group will have 5 minutes to plan and 20 minutes to build a tower as high as possible out of only the materials given.

Desired Outcome:

Students will practice teamwork and problems solving skills and learn from the experience

Discussion Questions:

What strategies worked?
Did you have to change your initial plan or did the first one work?
Did anyone ever get frustrated? Why?
Did any one person stand out as the leader of the group?
What made them the leader?

Resume Presentation and Workshop

Start Time	3:20
End Time	3:45
Group Size	Full group
Activity Leader(s)	

Materials:

Career Office booklets (see MIT Careers Office webpage)

Set-Up:

None

Description:

Someone from the career office will make a presentation on resume building. Then representatives from the career office along with mentors and directors will look over the resumes the students prepared for homework.

Desired Outcome:

Students will refine their resumes and prepare them for any job, school or grant application.

Discussion Questions:

None

Speech on a Controversial Topic

Start Time	3:40
End Time	4:15
Group Size	Small groups
Activity Leader(s)	

Materials:

Note cards (1 / student)

Set-Up:

None

Description:

Students will choose a topic that they consider controversial and have 5-10 minutes to develop a persuasive speech. Students will have an index card to write down up to 30 words on the speech. Students will perform speech in front of their peers. Their peers will then critique the speaker's presence and technique

Desired Outcome:

Students will notice the small nuances of good speaking (eye contact, posture, pace tone, enunciation, etc.) through critiquing others and speaking in public and also gain confidence in their own speaking ability by practicing those skills in front of their peers.

Discussion Questions:

What did _____ do well in their speech? What could he / she improve on?

What did you notice that you liked overall? Were there things that everyone could improve on?

Interview Tactics

Start Time	4:15
End Time	4:45
Group Size	Full group
Activity Leader(s)	

Materials:

None

Set-Up:

None

Description:

Students will perform role play interview questions in front of the full group, some students modeling good / bad alternatives to question answers in the beginning.

Desired Outcome:

Students gain a better understanding of good and bad interview techniques and feel more confident with their ability to interview.

Discussion Questions:

Discussion questions were taken from the following website:

Questions taken from http://www.quintcareers.com/interview_question_database/