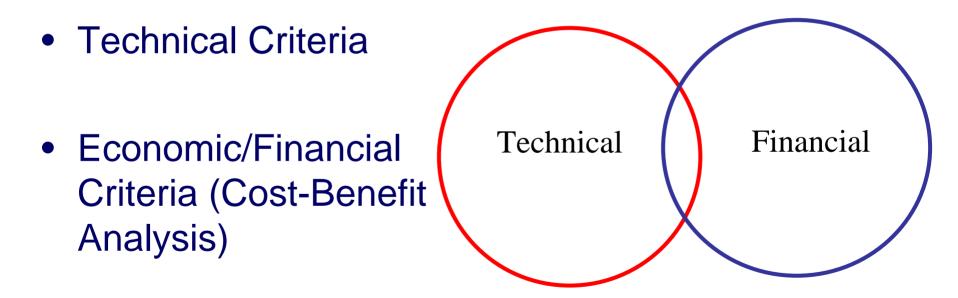


From Appropriate, to Green, to Sustainable, to Co-evolutionary Development

> Case Study: *Kanchan™ Arsenic Filter SP.723 February 22, 2007*

Susan Murcott Civil & Environmental Eng. Dept. Massachusetts Institute of Technology In the 20th century, Western engineering design was comparatively simple:



"Appropriate" or "Intermediate" Technology

Image removed due to copyright restrictions.

Please see Schumacher, E. F. <u>Small is</u> <u>Beautiful: Economics as if People Mattered</u>. New York, NY: Harper & Row, 1973.

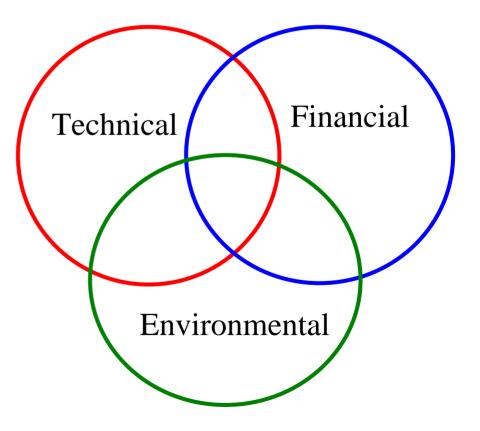
- 1973 Publication of Small is Beautiful
- A different value system based on
 - Meeting Human Needs
 - Human Capital/Job Creation
 - Equity
 - Developing Countries

Design Principles for Appropriate Technology (after E.F.Schumacher: Small is Beautiful, 1973)

- 1. Simple design & production
- 2. Low cost
- 3. Use local materials for local use
- 4. Rural focus: Technologies and workplaces must be created in areas where people are living now, not primarily in urban areas

Environmental Awareness, codified into laws and regulations beginning in the 1960s in the U.S., added another dimension:

- Technical
- Economic/Financial Criteria (Cost-Benefit Analysis)
- Environmental / Green Design



Green Design Design for Environment

Systematic consideration of environmental performance during the early stages of product development... some practitioners use the term 'life-cycle design' instead of Design for Environment, since awareness of life-cycle considerations is vital to this practice. " (J. Fiksel, 1996)

Pollution Prevention

If pollution prevention thinking CAN BE SHIFTED INTO THE DESIGN CYCLE, before the products are specified and the plants are constructed, it can have an order of magnitude greater impact.

(after J Fiksel, 1996)

Eco-efficient Design

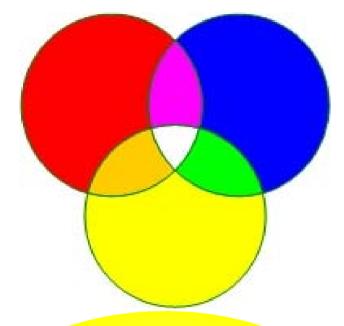
"To design products that lead to an industrial system that eliminates almost all waste."

"Customers would buy the *service* of such products and when they had finished... or wanted to upgrade... the manufacturer would take back the old ones, break them down, and use their complex materials in new products." (R. Dorf, 2001) "Sustainable development" has two widely accepted meanings: <u>Balance</u>: economic, social, environmental aspects

Equity..."meeting the needs of the present without compromising the ability of future generations to meet their own needs."

- Our Common Future, 1987

"Engineering design for sustainable development" framework



Technical

- Standards and Guidelines
- Quality Assurance/Quality Control
- Operation and Maintenance
- Materials/parts availability

Financial /Economic

* Cost, subsidies, taxes, profitability, etc.

•Provides local jobs?

•Supports local economies?

Social

- Customer satisfaction
- •Simple/convenient/user friendly
- Durable

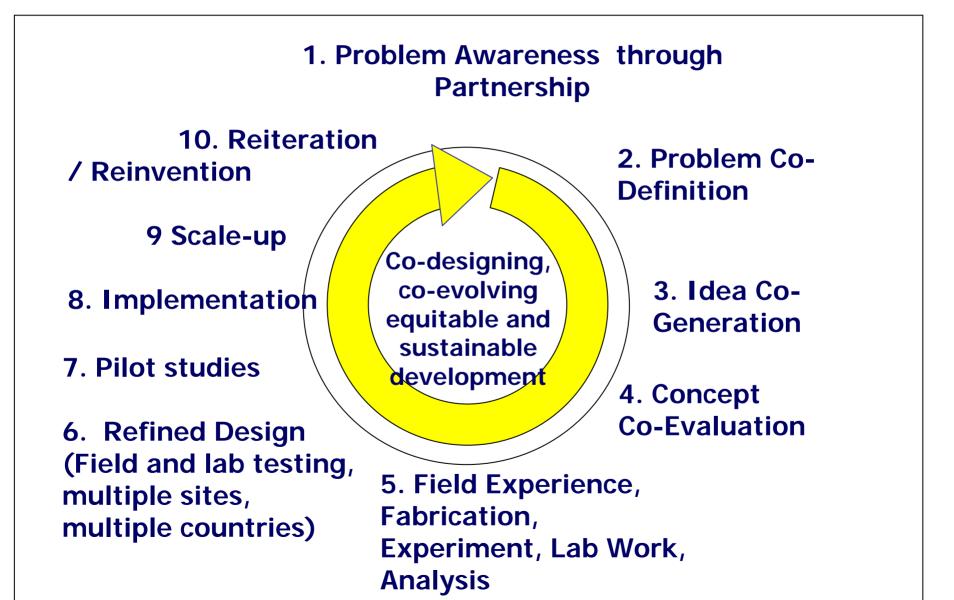
The Design Process (standard textbook version)

- Problem Definition
- Idea Generation
- Information Gathering
- Concept Evaluation
- Lab Research, Experimentation & Analysis
- Detail Design
- Fabrication
- Testing & Evaluation (Lab and Field)

6 Main Stages in the Innovation Process (E.M. Rogers Diffusion of Innovation, Ch. 4)

- Needs/Problem Identification
- Research (Basic and Applied)
- Development
- Commercialization
- Diffusion and Adoption
- Consequences

Co-Evolutionary Design for Development (an iterative process)



Case Study – KanchanTM Arsenic Filter

(1) Problem Awareness through Partnership

Problem Awareness - Arsenic in South Asia

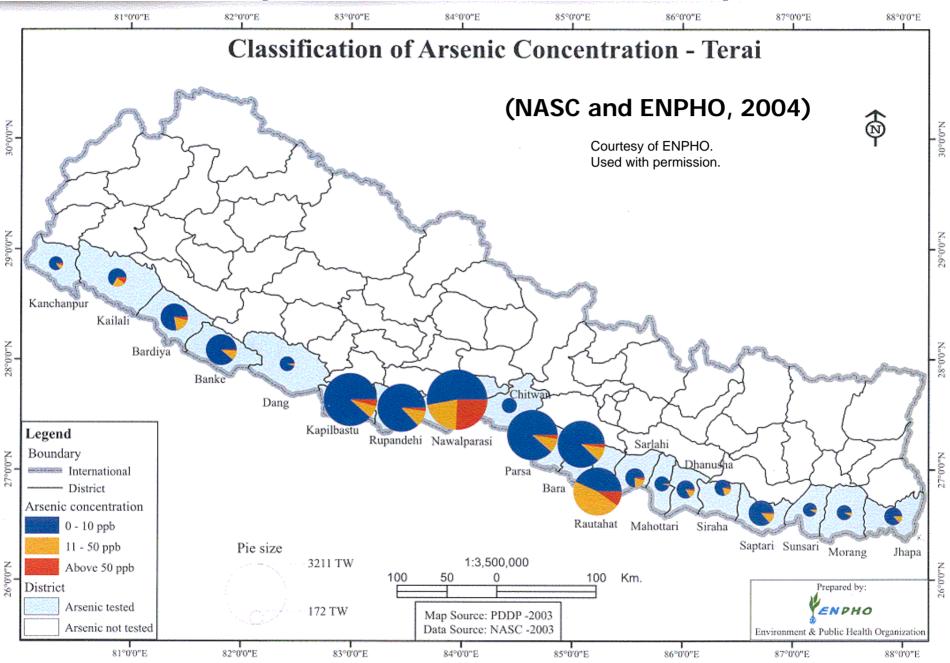
Pre-1970s: 1970s:

- Surface water for drinking, caused many diseases Groundwater was tapped as a safe, pathogen-free alternative for drinking
- 1980s:Naturally occurring arsenic found in groundwater
- 1990s: Millions of people found affected, serious disaster

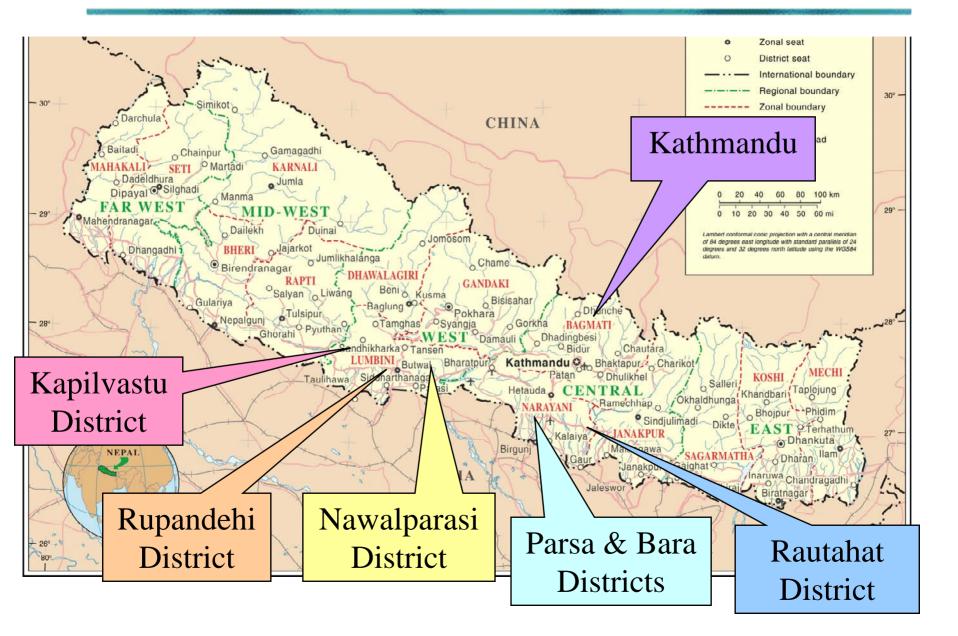




Example: Arsenic in Nepal



MIT Nepal Water Project Field Sites



Problem Awareness – Arsenic

- Source: Natural
- Toxicology
 - Poison
 - Skin disease such as melanosis, keratosis
 - Vasular diseases
 - Cancer to lung, bladder



Courtesy Thomas Mahin. Used with permission.

- World Health Organization guideline: 10 ppb
- Nepali interim guideline: 50 ppb
- Nepal Terai Region

25% tubewells >10 ppb (1.7 million people)

8% tubewells >50 ppb (0.5-0.7 million people)

Skin Diseases: Melanosis and Keratosis

Images removed due to copyright restrictions. Please see

http://phys4.harvard.edu/%7Ewilson/arsenic/pictures/arsenic_project_sufferer_picture11.jpg http://phys4.harvard.edu/%7Ewilson/arsenic/pictures/arsenic_project_sufferer_picture15.jpg http://phys4.harvard.edu/%7Ewilson/arsenic/pictures/arsenic_project_sufferer_picture8.jpg http://phys4.harvard.edu/%7Ewilson/arsenic/pictures/arsenic_project_sufferer_picture61.jpg



MIT student teams working with local partners

Partners in Nepal







Environment and Public Health Organization (ENPHO)

Rural Water Supply and Sanitation Support Programme (RWSSSP)

(2) ProblemCo-Definition

Problem Co-Definition

- •Our proposal is to design a household drinking water treatment unit to remove arsenic and pathogens;
- •Technical Performance: Remove arsenic, bacteria and parasites to National Standards or WHO Guidelines;
- Water Quantity: The flow rate should be > 10 L/hour;
- Cost: The cost/unit should be < \$30. Yearly replacement parts
 <\$2, designed for rural areas and urban slums for those who earn
 <\$2/day;
- Manufacturing: Produced by local people, using locally available materials, creating local jobs;
- User friendly: Socially acceptable to women and children users.

Problem Co-Definition Arsenic Technology Database

Gather information for 50+ technologies:

- Arsenic removal mechanisms (physical, chemical, etc)
- Technical performance
- Construction, operation and maintenance
- Cost
- Flow rate
- Strengths, weakness, limitations

(3) Idea Co-Generation 8 Arsenic Removal Technologies

- (1) 3 Kolshi (in Nepali = 3 Gagri with zero valent iron filings);
- (2) Iron filings in jerry can;
- (3) Coagulation/Filtration (2-Kolshi based on Chakraborti's arsenic removal system);
- (4) Iron oxide coated sand;
- (5) Activated alumina metal oxide #1 (Apyron Inc.);
- (6) Activated alumina metal oxide #2 (Aquatic Treatment Systems Inc.);
- (7) Arsenic treatment plant;
- (8) KanchanTM Arsenic Filter

Three-Kolshi (Gagri) System



Iron filings

Fine sand Filtered

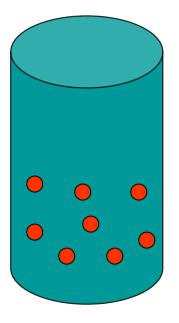


.



Jerry Can

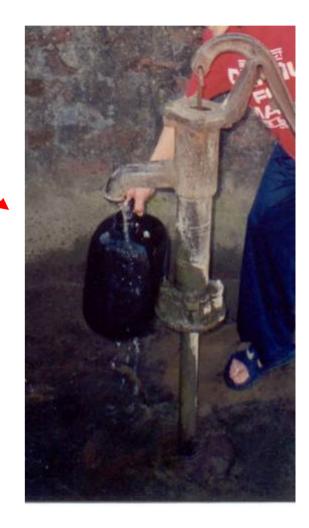
1. Fill 10 L plastic jug with raw water.



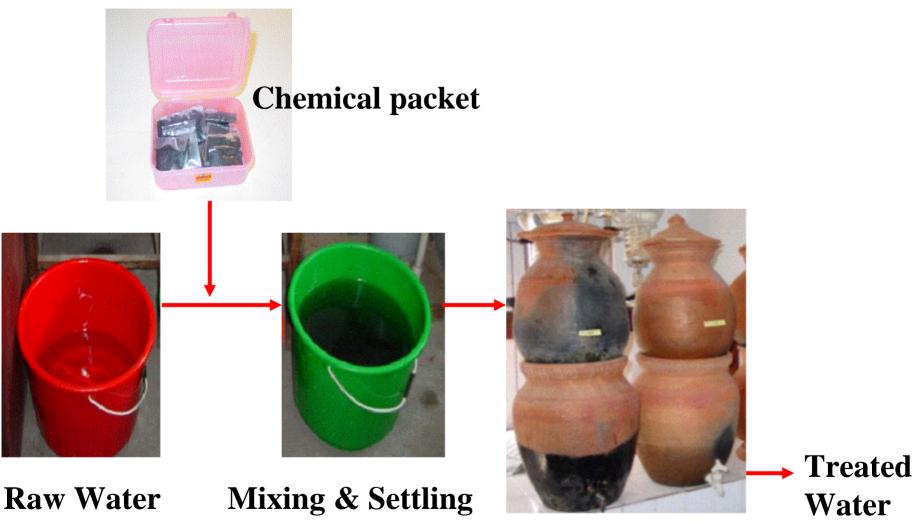
2. Add iron filings

3. Wait 3 hours

4. Decant treated water

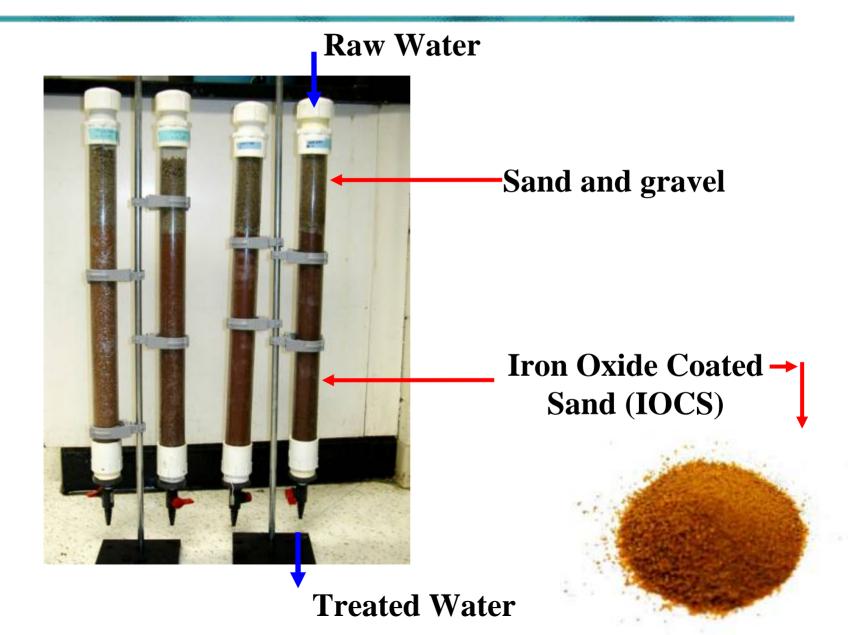


Coagulation/Filtration (2-Kolshi)

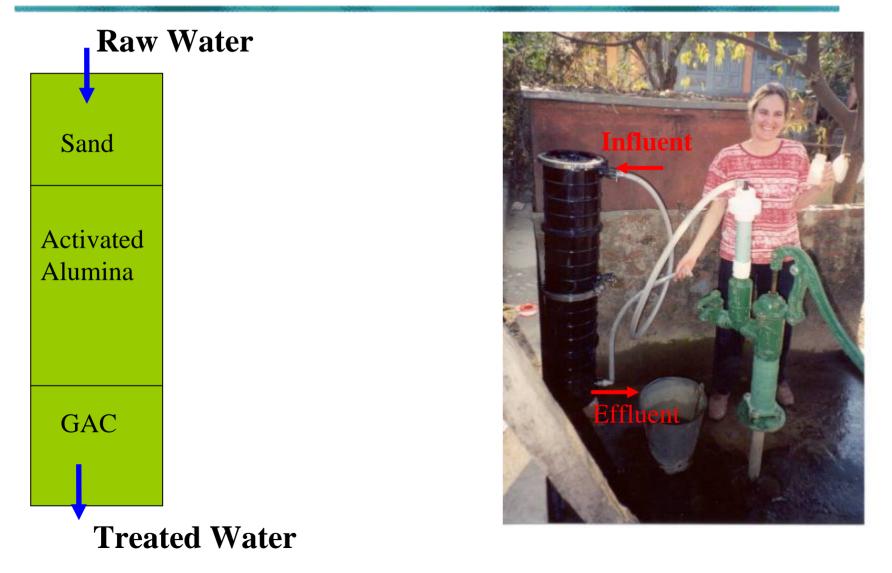


Filtration

Iron Oxide Coated Sand (IOCS)



Activated Alumina Metal Oxide #1 (Apyron Aqua-Bind Media)





Arsenic Treatment Plants (ATPs)



KanchanTM Arsenic Filter (KAF)



(4) Concept Co-Evaluation is based on...

- Principles/values (also passions and instincts)
- Relationship with local community and partners
- Criteria: "a standard, rule or test on which a decision can be based"
- Metrics = indicators, both quantitative and qualitative.

Design Concept Co-Evaluation Matrix (also known as a "Pugh Chart")

| | Datum | Option 1 | Option 2 | Option 3 |
|----------------------------|----------|----------|-----------|----------|
| Evaluation Criteria | 3-Kolshi | Coagu- | Activated | Iron- |
| | | lation | Alumina | coated |
| | | Filtra- | | sand |
| | | tion | | |
| Water quality | 0 | 0 | _ | 0 |
| Water quantity | 0 | + | + | 0 |
| Capital cost | 0 | + | + | + |
| O&M cost | 0 | + | + | + |
| Local jobs | 0 | + | 0 | + |
| User friendly | 0 | + | - | + |
| | | | | |
| Total | 0 | +5 | +1 | +4 |

(5) Field Experience, Fabrication, Experiment, Lab Work, Analysis

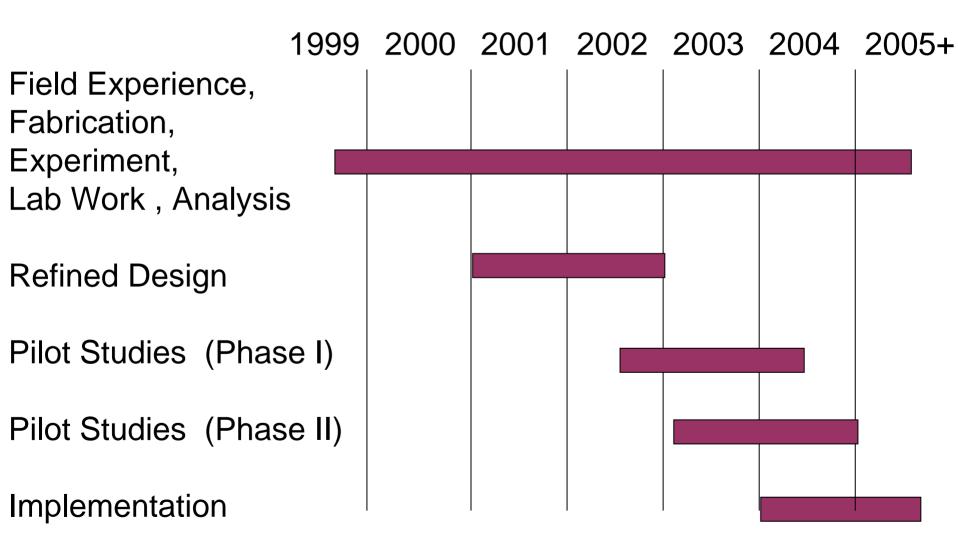
- Engagement with:
- local people and partners,
- local environment
- the problem and solutions







Stages of Arsenic Mitigation in Nepal

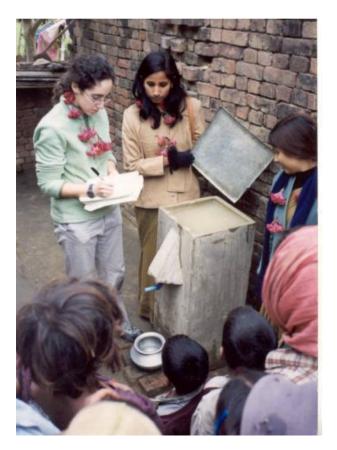


(6) Refined Design: Phase I Evaluation



Phase I Evaluation

- 1. Preliminary screening of technologies in database/ website.
- 2. Select 8 technologies to be field tested against following criteria:



Technical Performance:

- Arsenic reduced to acceptable level?
- Flow rate sufficient for a large family?

Social Acceptability:

- Easily constructed by local labour using local materials?
- Simple to use and maintain?
- Accepted by Nepali tradition and culture?

Low Cost:

• Affordable to rural villagers?

Some Sustainability Design Criteria for MIT WatSan in Developing Countries Master of Engineering Projects

 <u>Technical</u>: Meet World Health Organization guidelines for arsenic and microbial removal
 <u>Social</u>: customer satisfaction, specifically systems acceptable to women who are the typical household managers of water.
 <u>Financial</u>: affordable to people earning

\$1/day

Phase I Evaluation Summary

| Technology | Technical | Social | Cost | Recommend for Phase II? | | | | |
|------------------|--------------|--------------|--------------|----------------------------|--|--|--|--|
| 3-Kolshi | \checkmark | \checkmark | \checkmark | | | | | |
| Jerry Can | X | X | \checkmark | X | | | | |
| Iron Coated Sand | \checkmark | X | \checkmark | X | | | | |
| Alumina #1 | \checkmark | Х | X | X | | | | |
| Alumina #2 | \checkmark | Х | | X | | | | |
| 2-Kolshi | | \checkmark | | | | | | |
| Treatment Plants | X | X | | X | | | | |
| AKF | | \checkmark | | | | | | |

(7) Pilot Studies Phase II Evaluation



Phase II Pilot Study of 3 Technologies

3 Kolshi

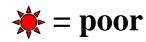
KanchanTM Arsenic Filter (KAF)



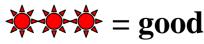
Coagulation/ filtration System (2-Kolshi)

Phase II Evaluation Summary

| | 3-Kolshi | 2-Kolshi | AKF |
|--------------------------|------------|------------|-----------|
| Arsenic removal | 95-99% | 80-90% | 90-95% |
| Iron removal | Not tested | Not tested | 93-99% |
| Flow rate | 3-5L/hr | 1-5L/hr | 10-15L/hr |
| Materials availability | | | |
| Easy construction | | | |
| Simple O&M | | | **** |
| Long-term sustainability | | | * |
| User acceptance | | * | |
| Low initial cost | | | |
| Low running cost | | *** | |
| Overall Ranking | 2nd | 3rd | Best |







KAF Pilot Study Results (n=16)

| Technical Indicators | Average Results |
|---------------------------|--------------------|
| Arsenic Removal | 93 % |
| Total Coliform Removal | 58 % |
| <i>E. Coli</i> Removal | 64 % |
| Iron Removal | 93 % |
| Flow Rate | 14 L/hr |

(8 – 10) Implementation, Scale-up, Reiteration, Reinvention

KanchanTM Arsenic Filter (KAF)

World Bank DM2003 Award - Financial Support for Expanded Implementation

Funding Source: • Won a US\$115,000 award

Project Duration:

• Jan 04 to Jan 05

*Project Partners:*MIT, ENPHO, RWSSSP



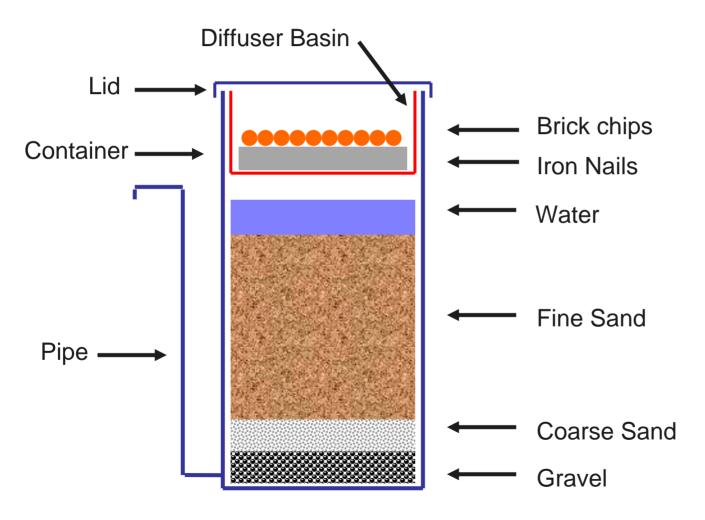


KanchanTM Arsenic Filter

- Developed in Nepal and at MIT based on improvement on the Biosand Filter
- Intended for arsenic and bacteria removal
- Constructed with easily available local materials
- Manufactured by trained local technicians
- Adequate flow rate for a large family (15L/hr)
- No chemical additives
- No replacement parts except iron nails
- Easy to operate and clean



KanchanTM Arsenic Filter Cross Section



Accomplishments

1. Established an in-country KAF Reference and Resource Center at ENPHO to coordinate implementation efforts

Maintains library and database of latest technology information and IEC materials, including project locations, progress and evaluations
Provides training and technical assistance





कञ्चन आर्सेनिक फिल्टर प्रयोग गरौं, आर्सेनिकनाट नचौं ! 📑 न्यान देनम्ब गंताहरी

2HO बाताबरण तमा जनस्वास्थ्य संस्था फेन ४४९२१८८ (बरमडी), ४२२२७२ (बेरगंज

Major Accomplishments

2. Researched and developed the Gem505 Design → better performance, lower cost, improved acceptance



Concrete Square (2002) Concrete Round (2003) Plastic Hilltake (2003)

Plastic Gem505 (2004)

Major Accomplishments

3. Train 15 local entrepreneurs from arsenicaffected districts on filter construction, troubleshooting, water testing

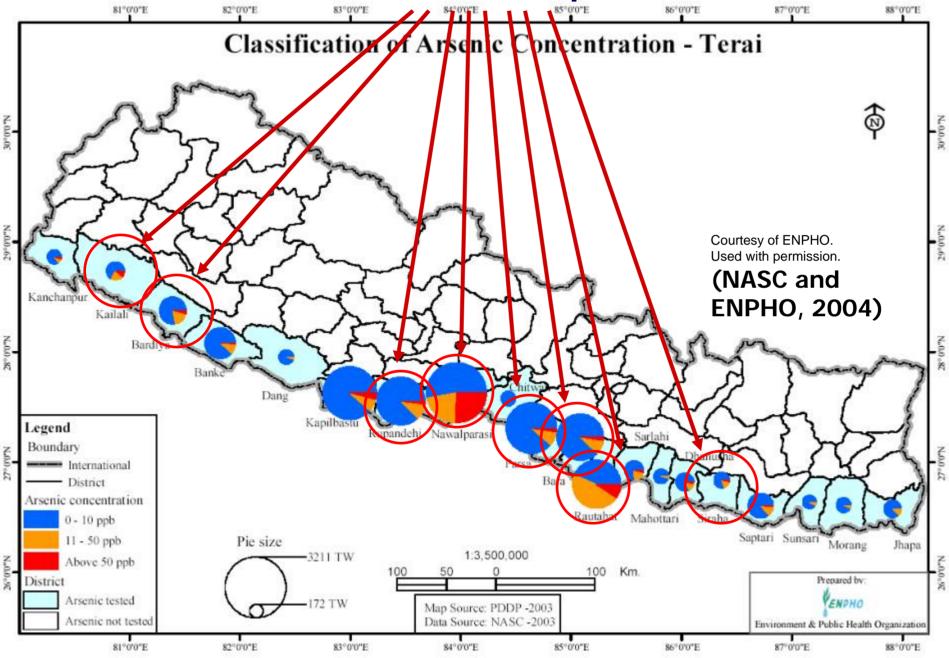
Selected based on SOA2003 and Nepal Census 2001 data including:

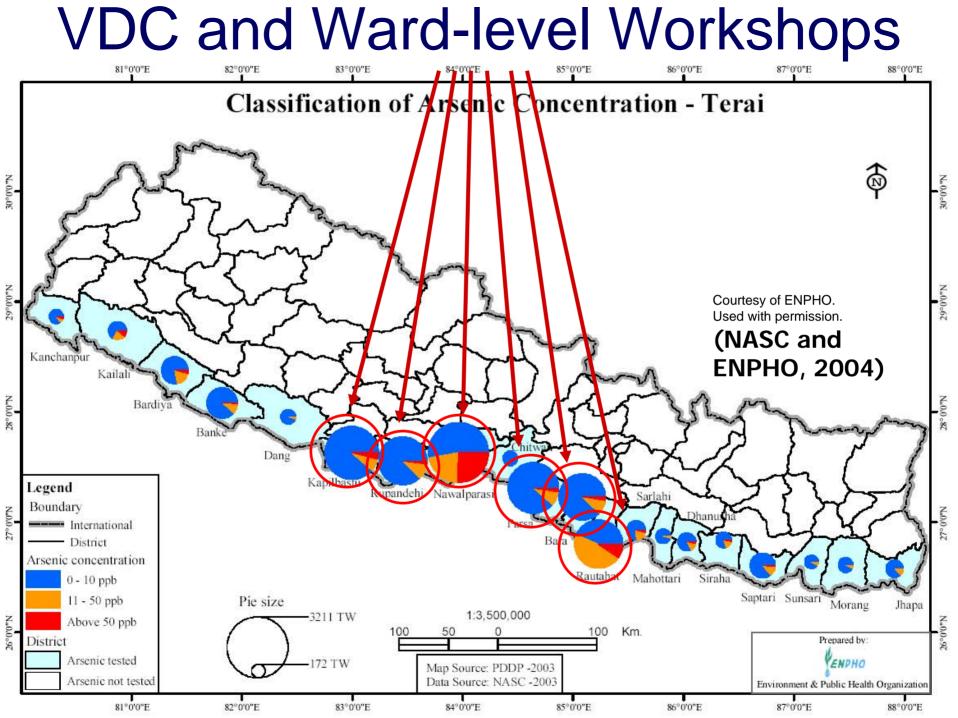
- Population affected
- GPS mapping
- Vulnerability
- Household income
- Arsenic awareness level
- Literacy level
- Health statistics

Conduct workshops to 30 VDCs and 178 wards on health, water management, treatment options, and filter information









Major Accomplishments

• As of March 2008, about 7,000 filters serving > 50,000 people

- Current estimate 27,000 arsenic-affected households in Nepal.
- 15,000 are receiving KAF (2008-2009)
- The rest of the households are getting improved dugwells, new tubewells, rainwater harvesting or other options.
- The KAF dissemination that was conducted by MIT-ENPHO partnership (2002-2007), has now been taken over by larger agencies and the Nepali government.
- More than US\$1 million is being provided by UN-Habitat UNICEF, Nepali government, and other agencies for arsenic testing and mitigation.
- Of the total funds about 50% will go towards mitigation activities which includes the KAF distribution





Project Findings

User Survey Results

(n = 424)

| | Yes | Partially | No |
|--|-------|-----------|-------|
| Filter still in operation after 1 year | 85.3% | 8.3% | 6.3% |
| Users think filter operation is easy | 73.6% | | 26.4% |
| Users can operate the filter correctly | 50.2% | 42.3% | 7.4% |
| Users will recommend filter to others | 82.5% | | 17.5% |

| | Better | Same | Worse |
|--|--------|-------|--------|
| Appearance of filtered water | 92.8% | 6.9% | 0.2% |
| Taste of filtered water | 95.0% | 5.0% | 0% |
| Smell of filtered water | 89.9% | 11.1% | 0% |
| Users' perceived health conditions after drinking filtered water | 77.5% | 22.5% | 0% |
| | | - | (2005) |

KanchanTM Arsenic Filter Monitoring

Arsenic Removal (n=966)

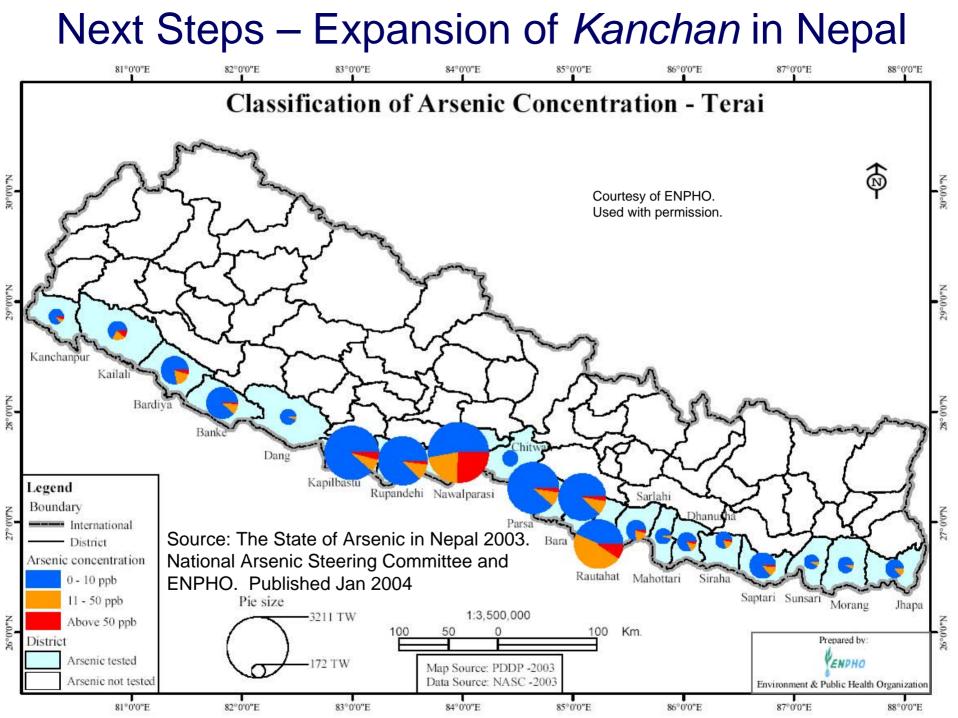
Effluent Arsenic Concentration (ug/L)

| | | ND | 10 | 20 | 30 | 40 | 50 | 60 | 70 | 80 | 90 | 100 | 150 | 200 | 250 | 300 | 350 | 400 | 450 | 500 | | | | |
|---------------|-----|-----|----|----|----|----|----|----|-------|------|-----|-------|-----|-----|---|-----|------|------|-----|-----|--|--|--|--|
| | 500 | 5 | 2 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | | | |
| (ng/L) | 450 | 8 | 1 | 2 | 3 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 1 | 1 | 3 | | | | | |
| n | 400 | 10 | 2 | 2 | 1 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | | | | | | |
| n (| 350 | 15 | 3 | 1 | 3 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | | | | | | |
| 0 | 300 | 28 | 1 | 3 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | | | | | | | | |
| rat | 250 | 27 | 2 | 1 | 2 | 2 | 2 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 2 | | | | | | | | | |
| Concentration | 200 | 32 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 2 | | | | | | | | | | |
| ce | 150 | 40 | 1 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | | | | | | | | | | | |
| on | 100 | 99 | 8 | 3 | 1 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | | | Correct installation and maintenance are | | | | | | | | | |
| Ŭ | 90 | 86 | 6 | 3 | 0 | 0 | 0 | 1 | 2 | 0 | 1 | | | | | | | | | | | | | |
| IIC | 80 | 57 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | | | | L a | | | | | | | | | | |
| Arsenic | 70 | 42 | 3 | 0 | 3 | 0 | 0 | 0 | 0 | | | | | Ц | highly important | | | | | | | | | |
| ١rs | 60 | 34 | 13 | 5 | 2 | 1 | 0 | 0 | | | | | | μ. | - | | - | e tu | | | | | | |
| - | 50 | 71 | 5 | 2 | 0 | 0 | 0 | | | Una | | onta | hle | | | | | | | | | | | |
| ntluent | 40 | 21 | 2 | 0 | 0 | 0 | | | | | | - | | | | - | | nne | | | | | | |
| ì | 30 | 17 | 0 | 0 | 0 | | | | | Acc | ept | aple | • | • | NO | dis | sper | sed | iro | n 🛛 | | | | |
| nf | 20 | 44 | 1 | 0 | | | | | nails | | | | | | | | | | ļ | | | | | |
| _ | 10 | 12 | 0 | | | | | | Fig | jure | ind | licat | es | | | | | | | | | | | |
| | ND | 189 | | | | | | | _ | mbe | | | | | | | | | | | | | | |
| | | | | | | | | | | | | 1 | | | | | | | | | | | | |

Wall Street Journal

Innovation Technology 2005 Award – Environment Category

- The MIT team's water-filtering system won Wall Street Journal Innovation Technology Award in the environmental technology category.
- "Though decidedly a low-tech solution, it was praised by judges for addressing an important problem in an original fashion.
- "However, even at \$20, the price may be too high for the poor households it's targeted for.
- "Clean water is not sexy, and \$20 a year won't make anyone rich," says Robert Drost, a scientist at Sun Microsystems Inc. "But 3rd World challenges in water, food, shelter, and basic medical care are much more important than innovations in first-world entertainment."



Next Steps – Expansion in Bangladesh and Cambodia

Jessore, Bangladesh



Cambodia

Image removed due to copyright restrictions. Please see http://www.rdic.org/images/RiskMap2.jpg

Is this Project:

Appropriate? Green? Sustainable? **Co-evolutionary?**

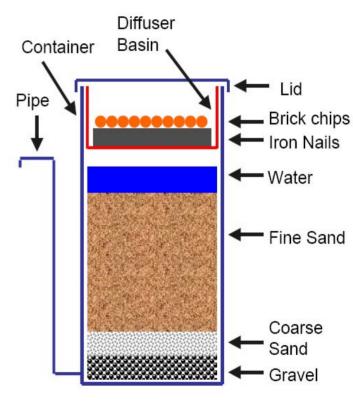
Co- Evolutionary Technology?

 Filter designed in local environment with local partners

•Filter designed based on collaborative, iterative, multi-disciplinary approached inherent in sustainable development concepts

- Filter designed within social and economic constraint of rural Nepal
- Manufactured by local labor using materials available in rural Nepal
- Easy operation and maintenance

• Filtered water tastes and looks significantly better than untreated water (according to many users) so users like it and are continuing to use it



Sustainable Implementation?

- We select and train entrepreneurs from easily accessible locations
- We provide detailed information to villagers such that they can make individual informed decision to protect their health
- We strengthen the capacity of existing local authorities to support safe water initiatives, rather than relying on remote central authority
- We use existing and functioning distribution networks and infrastructure; therefore reducing risk of failure and negative impacts



Financial Sustainability?

Financially sustainable: Margin per unit X unit sales > Fixed cost

In our case:

• Fixed cost is minimal because the entrepreneurs are wellestablished organizations with their own financial support for their premises and staff.

• Temporary staff can be hired to construct filters based on demand



Conclusions

There is no single solution applicable for all regions of Nepal
Multiple options (e.g. arsenic-free sources options and arsenic removal technologies) are required

• The KanchanTM Arsenic Filter is appropriate for the socioeconomic conditions of rural Terai region, but other technologies may be more appropriate for other regions/countries

• Even the simplest and best technology will **FAIL**, **UNLESS** it is supported by an effective implementation plan considering:

- 1. User Awareness/Education
- 2. Filter Quality Control
- 3. Monitoring & Follow-up
- 4. Strong coordination



For Further Information

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Sophie Walejick sophiew@stanford.edu

Website:

http://web.mit.edu/watsan

Acknowledgements

In Nepal:

- Environment and Public Health
 Organization (ENPHO), Kathmandu
- Rural Water Supply and Sanitation Support Programme (RWSSSP), Butwal
- Nepal Red Cross Society (NRCS)
- Rural Water Supply and Sanitation
 Fund Development Board (RWSSFDB)
- Department of Education (DOE)
- Department of Water Supply & Sewerage (DWSS)
- Kathmandu University
- Tribhuvan University

Internationally:

- MIT Department of Civil and Environmental Engineering, Master of Engineering Program
- MIT IDEAS Competition and Lemelson Foundation
- The World Bank
- Centre for Affordable Water and Sanitation Technology
- University of Calgary, Canada
- University of Texas at Dallas
- Japanese Red Cross Society (JRCS)

Women who carry the water

Filter Operation

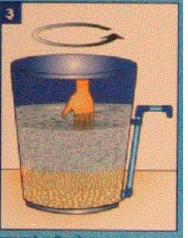


- Pour water into top basin.
 Water will pass through filter and flow up the pipe
- 2. Collect filtered water at the pipe outlet

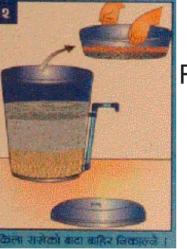
3. If flow rate is insufficient, then cleaning is required

Filter Cleaning/ Maintenance





পুৰাটা নাখিললা মনম ৰাত্ৰ প্ৰায় হল্য 1 জিন মতনা মনে টেখায়হ মন্ত্ৰা মত আলাৰ অলফো । Wash your hands with soap



Remove diffuser basin

Stir the uppermost ½ inch of sand with your fingers

Filter Cleaning/ Maintenance





Remove turbid water with a cup. Replace the basin and add more water. Repeat three times total.



Discard the turbid water in a dug hole with some cow dung in it

Now the filter can be used again