

Lecture 20 Nature Sandwich Notes, 3.054

Sandwich structures in nature

- Previously, saw sand structures efficient in resisting bending, buckling
- Sandwich panels also appear in nature:
 - leaves of monocotyledon plants (grasses, corn, iris)
 - skulls (esp. birds)
 - shells of some arthropods (e.g. horseshoe crab)
 - cuttlefish bone (mollusk)

Leaves

- Leaves must provide for structural support as well as large surface area for photosynthesis
- Iris, cattail, ryegrass, giant feather grass - leaves all sandwich structures

Iris leaves

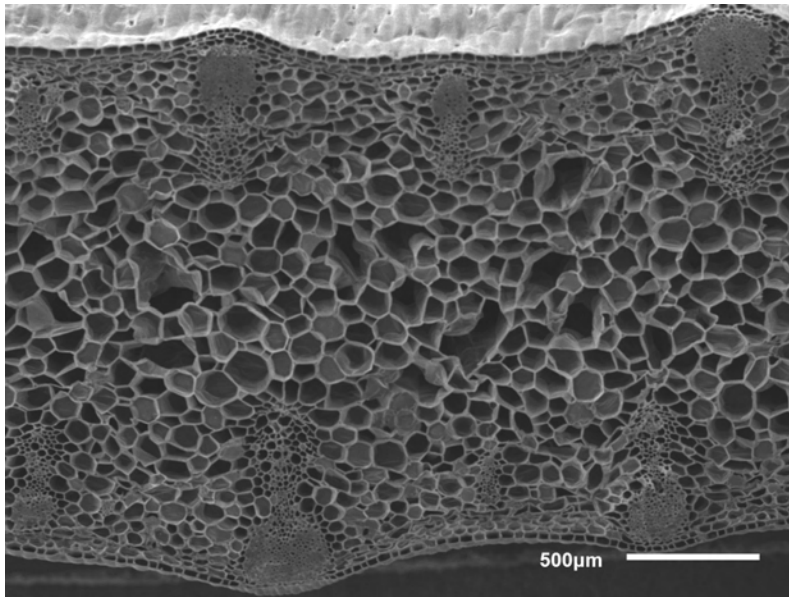
- Nearly fully dense ribs (sclerenchyma) running along length of outer surfaces
- Ribs separated by a core of foam-like parenchyma cells

Leaves

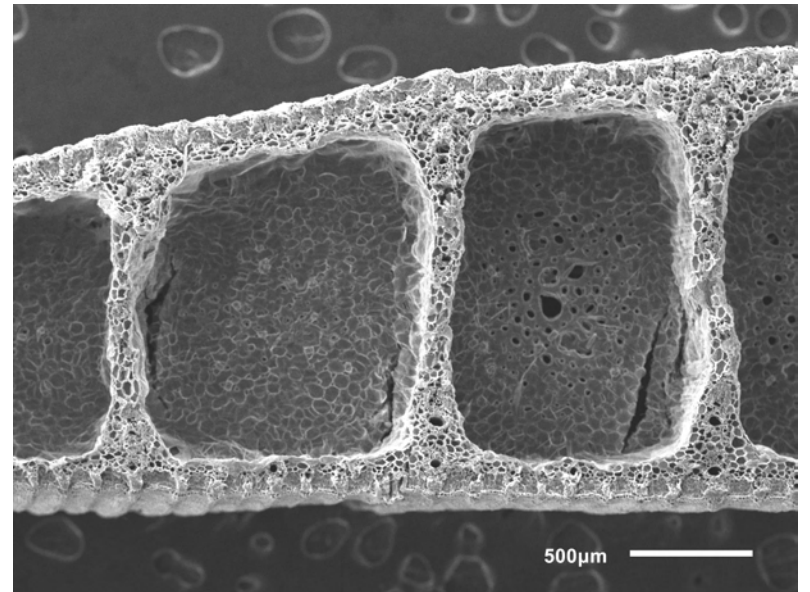


Photo of Blaschka glass flowers (iris) at the Harvard Museum of Natural History. Courtesy of [Andrew Kuchling](#) on Flickr. License: CC-BY.

Leaves



Iris



Cattail
(Bulrush)

Leaves

Figures removed due to copyright restrictions. Figure 1: Vincent, J. F. V. "[The Mechanical Design of Grass.](#)" *Journal of Material Science* 17 (1982): 856–60. Figure 2: Vincent, J. F. V. "[Strength and Fracture of Grasses.](#)" *Journal of Material Science* 26 (1991): 1947-50.

Iris leaf

Figures removed due to copyright restrictions. See Figures 3 and 4: Gibson, L. J., M. F. Ashby, et al. "[Structure and Mechanics of the Iris Leaf](#)." *Journal of Material Science* 23 (1988): 3041-48.

- Outer face
 - ribs connected by single layer of roughly square cells
 - jointly act as fiber reinforced composite
- Measurements of leaf microstructure summarized in Table
- Can analyze leaf as a sandwich structure
- Compare analysis with bending tests on fresh iris leaves
 - cantilevers with weights hung from free end ($B_1 = 3$, $B_2 = 1$)

$$\left(\frac{\delta}{P}\right)_{\text{calc}} = \frac{2l^3}{3E_f b t c^2} + \frac{l}{G_c^* b c}$$

t,c measured from micrographs (Table)

b,l from beam bending tests

E_f, G_c^* need to estimate

- E_f
- can be estimated from $E_{rib}V_{rib}$ in face (neglect contribution of square cells in face)
 - ribs — sclerenchyma
 - previous studies — sclerenchyma from grass leaf fibers $E_{scler} = 2-23$ GPa
 - tensile tests on iris leaves $E_{rib} = 21$ GPa
 - volume fraction of ribs in the faces is 0.39
- $$E_f = 0.39E_{rib} = 8.2 \text{ GPa}$$
- G_c^*
- assume tissue fresh (E parenchyma constant at high/normal turgor pressure)
 - data for $E_{parenchyma} = 0.5-6$ MPa
 - take $E_{parenchyma} \approx 4$ MPa
 - $G_c^* \sim 1/2 E_{parenchyma} = 2$ MPa

Parenchyma Properties

Plant material	Young's modulus, E' or shear modulus, G' (MPa)	Compressive strength, σ'_{comp} (MPa)	Reference
Apple	$E' = 0.31-3.46$	0.66	Oye et al., 2007
Apple	$E' = 2.8-5.8$	0.25-0.37	Lin & Pitt, 1986
Apple	$G' = 1-6$		Vincent, 1989
Potato	$E' = 3.6$	1.3	Lin & Pitt, 1986
Potato	$E' = 3.5$		Scanlon et al, 1996
Potato	$E' = 5.5$	0.27	Hiller & Jeronimides, 1996
Potato	$G' = 0.5-1$		Scanlon et al., 1996; 1998
Carrot	$E' = 2-14$		Georget et al., 2003

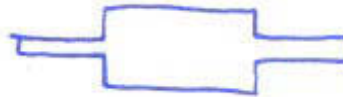
Data for fresh, wet tissue, at normal turgor.

Gibson, L. J., M. Ashby, and B. A. Harley. *Cellular Materials in Nature and Medicine*. Cambridge University Press. © 2010. Figure courtesy of Lorna Gibson and Cambridge University Press.

- Using sandwich beam theory, can estimate P/δ (Table)
- Calculation complicated by irregular thickness of core across section:



- Rough attempt to account for this by dividing cross-section into sub-units



- Found calculated P/ρ overestimated measured P/ρ by 16-83%
- Agreement OK for the various approximations and estimates mode

Strength of the leaf

Faces: $\sigma_{ys} = ?$

- Previous tests on tensile strength of gross leaves found

$$\sigma_f \text{ (in MPa)} = 1.44 (V_{\text{sclerenchyma}} \times 100) + 1.53$$

\uparrow
 vol. fraction
- In iris, ribs (assume all sclerenchyma) are 80% dense and make up 40% of face

$$\sigma_{yf} = 1.44(0.8 \times 0.4 \times 100) + 1.53 = 47 \text{ MPa}$$

Iris Sandwich Analysis

Table 6.2 Beam bending results

Specimen	1	2	3	4
Measured beam stiffness, P/δ (N/mm)	0.66	0.54	0.41	0.25
Beam length, l (mm)	35	35	35	35
Face thickness, f (mm)	0.03	0.03	0.03	0.03
Maximum core thickness, c (mm)	4.63	3.31	2.49	1.51
Width, b (mm)	18	18	18	18
Flexural rigidity, D (Nm ²)	0.027	0.016	0.0096	0.0051
Bending compliance, $(\delta/P)_b$ (m/N)	5.29×10^{-4}	8.98×10^{-4}	1.49×10^{-3}	2.83×10^{-3}
Shear compliance, $(\delta/P)_s$ (m/N)	2.99×10^{-4}	3.83×10^{-4}	4.83×10^{-4}	6.3×10^{-4}
Calculated beam stiffness, P/δ (N/mm)	1.21	0.78	0.51	0.29
Calculated/measured beam stiffness	1.83	1.44	1.24	1.16

Gibson, L. J., M. Ashby, and B. A. Harley. *Cellular Materials in Nature and Medicine*. Cambridge University Press. © 2010. Figure courtesy of Lorna Gibson and Cambridge University Press.

Core: $\tau_c^* = ?$

- Literature $\sigma_{\text{tension}}^* \approx 0.4 \text{ MPa}$ (parenchyma)
- Expect $\tau_c^* \sim 1/2\sigma_{\text{tension}}^* \sim 0.2 \text{ MPa}$
- Calculate strength of iris leaf in wind — cantilever, uniformly distributed load ($B_3 = 2$ $B_4 = 1$)
- Calculate loads at base of leaf (M_{max}): $t \sim 0.03 \text{ mm}$ $l \sim 600 \text{ mm}$

face yielding: $\frac{P_{fy}}{b c} = B_3 \sigma_{ys} \left(\frac{t}{l}\right) = (2)(47 \text{ MPa}) \left(\frac{0.03}{600}\right) = 4.7 \text{ kPa}$

face wrinkling: $\frac{P_{fw}}{b c} = 0.57 B_3 E_f^{1/3} E_c^{*2/3} (t/l) = (0.57)(2)(8.2 \times 10^9)^{1/3} (4 \times 10^6)^{2/3} \left(\frac{0.03}{600}\right)$

core shear: $\frac{P_{cs}}{b c} = B_4 \tau_c^* = (1) (0.2 \text{ MPa}) = 200 \text{ kPa}$

- Expect leaf failure by face wrinkling

- Are iris leaves optimized?
 - $\delta_s/\delta_b = 0.22-0.57$ in specimens tested
 - in minimum weight design for given stiffness $\delta_s/\delta_b = 2$
 - but leaves have several functions beyond mechanical support:
 - photosynthesis requires large surface area
 - fluid transport
 - difficult to quantify relative importance of each function to plant
 - engineering optimization not possible

Additional examples of sandwich structures in nature:

- Marine “leaves” seaweed *Durvillaea antarctica*: fronds 12 m long
honeycomb core
- Bird skulls
 - if inner and outer face concentric — trabeculae oriented perpendicular to cortical shell
 - if inner and outer face not concentric — trabeculae foam-like
 - larger birds have multiple sandwiches
 - since size of trabeculae relatively constant, this may allow larger core thickness
 - owl skull — asymmetry — improves hearing

Comparison of optimized sandwich plate with solid plate of same stiffness

- Consider circular plate, radius R , simply supported ground circumference, subject to a uniformly distributed load q (N/m^2)
- Central plate deflection is ω
- If sandwich is optimized (based on analysis in book p.384)

$$\frac{\text{mass}}{\pi R^2} = 1.49 \left(\frac{q R}{\omega E_s} \right)^{3/5} \rho_s R \quad (\text{foam core})$$

- Equivalent solid plate:

$$\frac{\text{mass}}{\pi R^2} = 0.89 \left(\frac{q R}{\omega E_s} \right)^{1/5} \rho_s R$$

- Taking the ratio:

$$\frac{m_{\text{sandwich}}}{m_{\text{solid}}} = 1.67 \left(\frac{q R}{\omega E_s} \right)^{0.27}$$

- Consider bone sandwich, “foamed” trabecular core: $R=100$ mm, $P=500$ N, $\omega = 1$ mm
 $(= q\pi R^2) \quad E_s = 18$ GPa

$$\frac{q R}{\omega E_s} = 10^{-4} \quad \frac{m_{\text{sandwich}}}{m_{\text{solid}}} = 14\% \Rightarrow \text{optimized bone sandwich would be } 14\% \text{ weight of solid cortical panel}$$

Additional examples (continued)

- Cuttlefish bone (not a fish — a mollusk; not bone — CaCO_3)
- Horseshoe crab shell
- Tortoise shell (Galapagos)

Durvillaea antarctica (New Zealand Seakelp)



Largest intertidal seaweed
Fronds up to 12m long
Fronds have gas-filled
honeycomb-like core that
provides buoyancy as well
as flexural rigidity,
maximizing surface area
exposed to sunlight

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[http://en.wikipedia.org/wiki/File:Dried_bull_kelp_\(Durvillaea_antarctica\)_with_cross-section_showing_honeycomb_structure_IMG_102_1239.JPG](http://en.wikipedia.org/wiki/File:Dried_bull_kelp_(Durvillaea_antarctica)_with_cross-section_showing_honeycomb_structure_IMG_102_1239.JPG)

Bird Skulls

Images of bird skulls removed due to copyright restrictions. See Figure 6.7: Gibson, L. J., M. Ashby, et al. *Cellular Materials in Nature and Medicine*. Cambridge University Press, 2010. <http://books.google.com/books?id=AKxiS4AKpyEC&pg=PA176>



Courtesy of Alison Curtis. Used with permission.

Alison Curtis

Photo of [owl imprint](#) in the snow removed due to copyright restrictions.

No footprints in the snow from mouse or vole; animal was under the snow
<http://www.twincitiesnaturalist.com/2010/01/barred-owl-hunting-in-snow.html>

Photo removed due to copyright restrictions. See Summit Post.

<http://www.summitpost.org/disappearing-rabbit-trick/185785/c-186336>

Rabbit tracks in snow

<http://www.myconfinedspace.com/2006/12/21/owl-snowprint/>

Cuttlefish bone

Mollusc shell (CaCO_3)

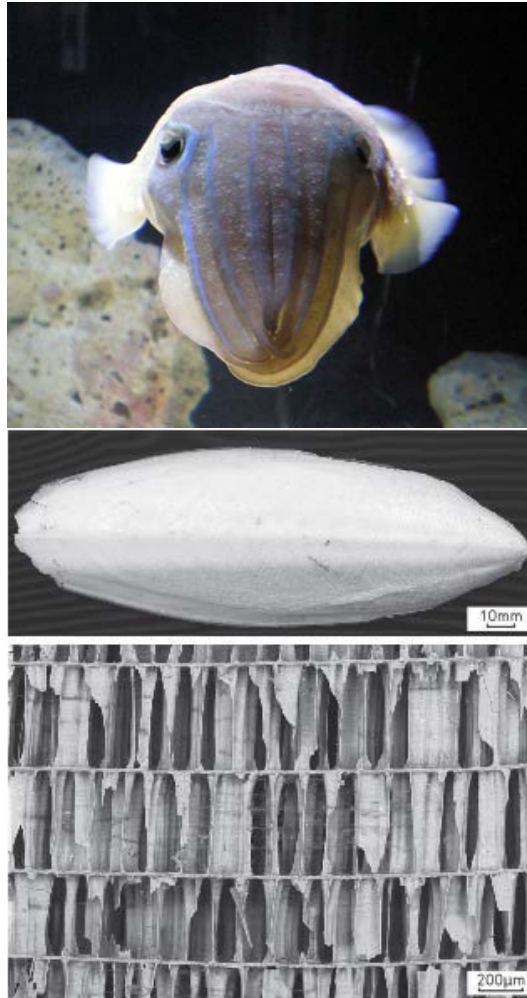


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Gibson, L. J., M. Ashby, and B. A. Harley. *Cellular Materials in Nature and Medicine*. Cambridge University Press. © 2010. Figure courtesy of Lorna Gibson and Cambridge University Press.

Horseshoe Crab Shell

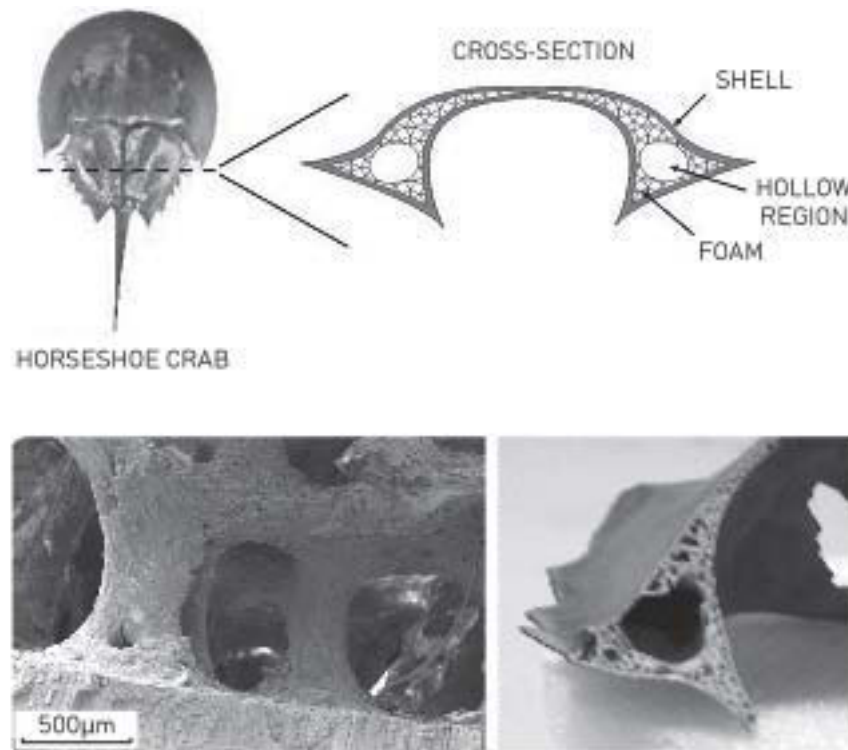


Figure 148: M. A. Meyers, P. -Y. Chen, et al. *Progress in Materials Science* 53 (2008): 1–206.
Courtesy of Elsevier. Used with permission.
<http://www.sciencedirect.com/science/article/pii/S0079642507000254>

Meyers et al., 2008

Galapagos Tortoise Shell



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