

# Case 1: Anticholinesterase

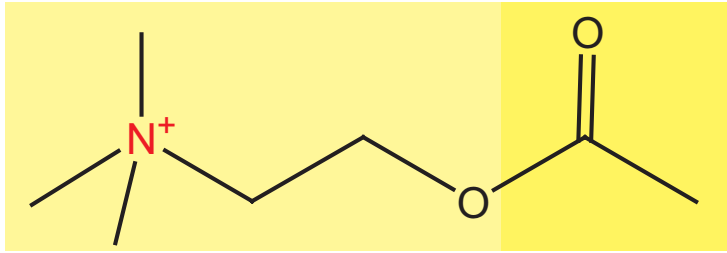
## February 3, 2005

1. Cholinergic Pharmacology
2. Anticholinesterase inhibitors
3. Therapeutic use
4. Managing toxicity

# Case: Organophosphate Poisoning

A 55 yr old **crop duster** calls because he has lost control over his **chronic twitch**, and he is now beginning to have problems with **blurry vision** and **control of his bowels and bladder**. He wants to go back to the airfield to finish his crop dusting, but his supervisor makes him call you first.

# Acetylcholine



Synthesized from acetyl-CoA and choline by choline acetyltransferase (ChAT)

Poor absorption and low lipophilicity due to charge on quaternary ammonium

Multiple systemic effects, esp autonomic pathways and at the neuromuscular junction (NMJ)

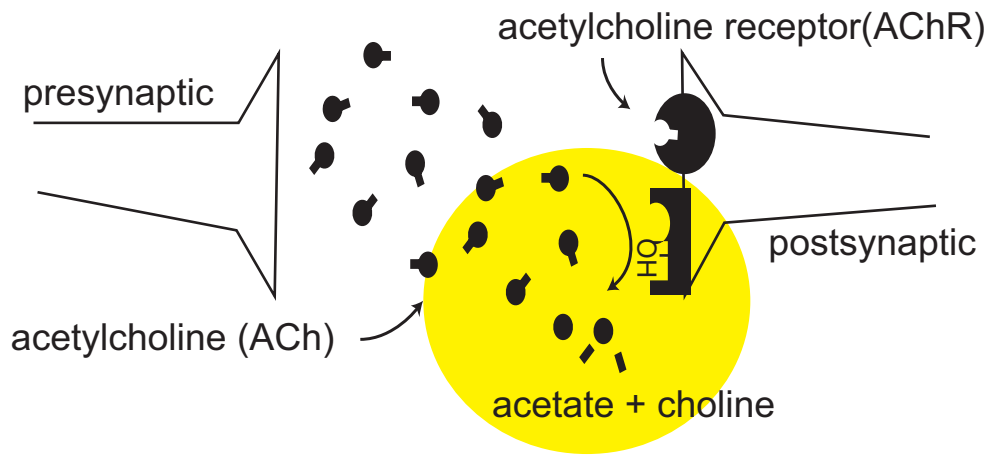
<i>Receptor class</i>	<i>Locations</i>
Muscarinic M <sub>1</sub>	Post-synaptic ANS ganglia, CNS
Muscarinic M <sub>2</sub>	Heart, smooth muscle
Muscarinic M <sub>3</sub>	Vessels (smooth muscle), exocrine glands
Muscarinic M <sub>4</sub>	CNS
Muscarinic M <sub>5</sub>	CNS
Nicotinic N <sub>M</sub>	NMJ
Nicotinic N <sub>N</sub>	Pre-synaptic ANS ganglia, adrenal medulla, CNS

# Acetylcholinesterase (AChE)

Clears Ach from site of action (also degraded by plasma butyrylcholinesterase)

Bound on post-synaptic membrane

Rate = 400,000 per min

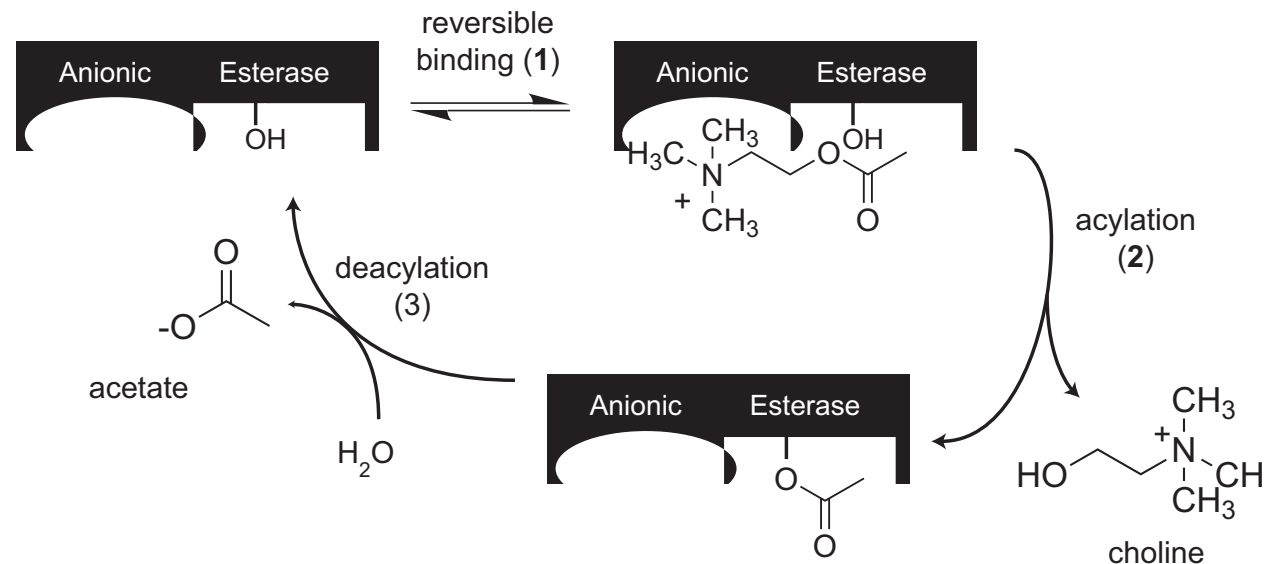


Inhibition of AChE results in build up of Ach at muscarinic and nicotinic synapses!

Step 1: Binding

Step 2: Formation of covalent intermediate and release choline

Step 3: Hydrolysis of acyl-enzyme intermediate



## Direct-acting agonists

Mimics acetylcholine by binding Ach receptor and activating downstream signaling

Examples: methacholine, carbachol, bethanechol, pilocarpine

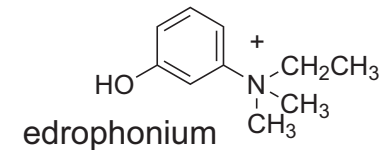
## Indirect agonists

Inhibits AchE from breaking down acetylcholine at synapse

Quaternary ammonium salts

- competes w/ ACh for binding to AChE (step 1)

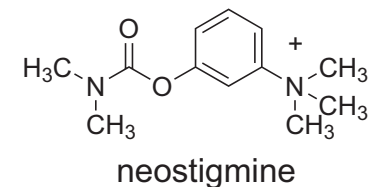
Examples: edrophonium



Carbamate esters

- formation of carbamylated enzyme intermediate (step 2)

Examples: neostigmine, pyridostigmine

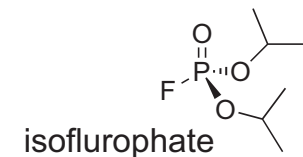


Organophosphates

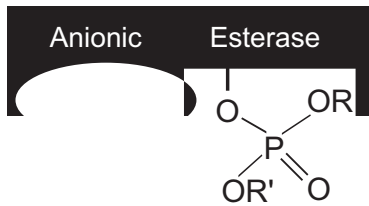
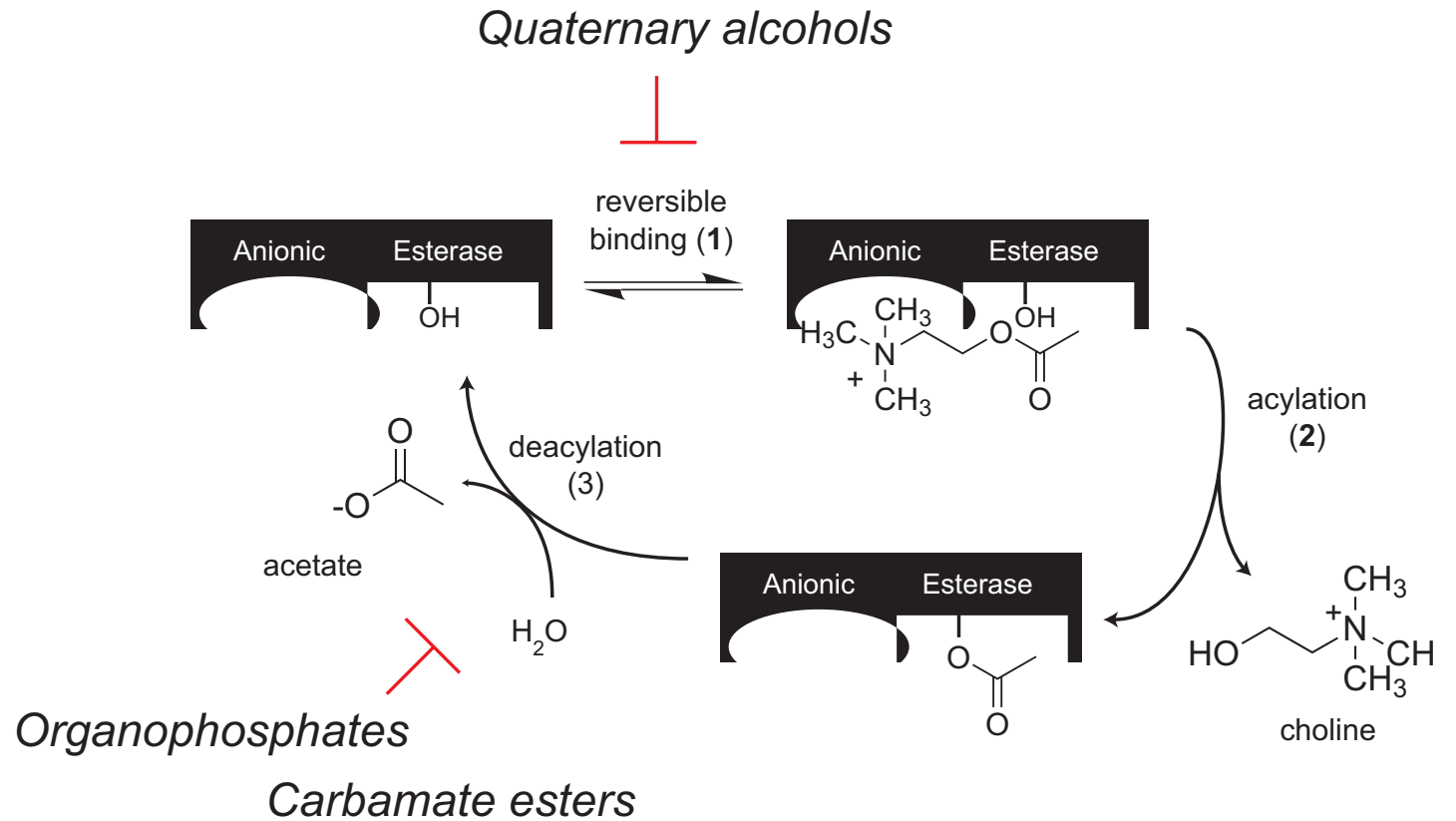
- formation of phosphorylated enzyme intermediate (step 2)

Examples: parathion, malathion are insecticides

soman, sarin are nerve agents



# AchE inhibitors: reversible versus irreversible

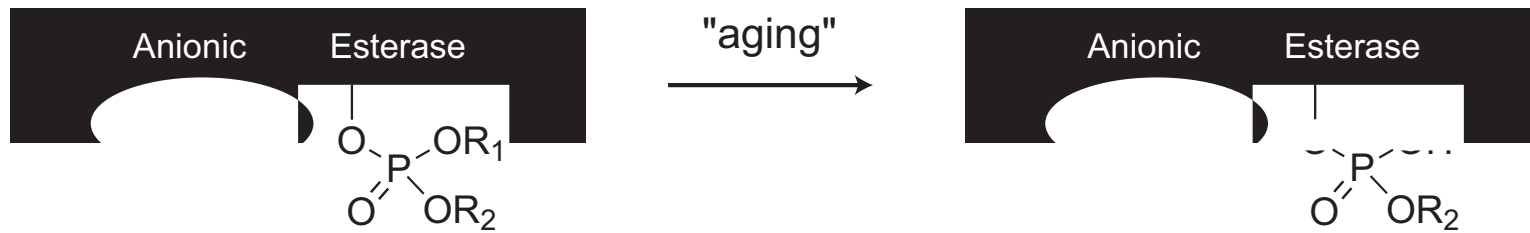


half-life >100 hrs!

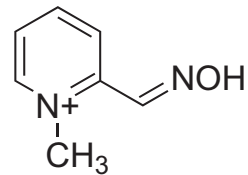


half-life 1-6 hrs

# Inhibition by organophosphate: "Aging"



**Pralidoxime (2-PAM)**  
can regenerate free  
enzyme *if given*  
*before aging*



~~untreatable~~

# Pharmacokinetics of organophosphates

Parathion and malathion are biotransformed in the liver to become active (insects perform this process more efficiently)

Highly lipid soluble, widely distributed and penetrates CNS

When used as insecticides, can be dispersed as aerosols or dusts and absorbed by all possible routes: GI, skin, mucous membranes, lungs

Slow hepatic metabolism; urine excretion of hydrolysis products

Lipid-soluble drug can remain in systems for weeks to months!



# Effects of acute O/P overdose

Muscarinic	Nicotinic	CNS
<p><b>Ciliary spasm</b>, Miosis                      Bronchoconstriction                      Bronchosecretion                      Diaphoresis                      Salivation, Lacrimation                      Bradycardia, Hypotension  <b>Incontinence</b>, Diarrhea                      GI spasms (cramping)                      Emesis, Nausea</p>	<p>Weakness                      Fasciculation  <b>Twitching</b>                      Flaccid Paralysis (resp.)</p> <p>Severe Cases: also include                      conduction block,                      pulmonary edema</p>	<p>Confusion                      Anxiety, Agitation                      Restlessness, Tremor                      Ataxia                      Convulsions                      Respiratory depression                      CV collapse                      Coma</p>

DUMBBELLS: Diarrhea (Diaphoresis), Urination, Miosis, Bronchospasm (secretion) Bradycardia, Excite skeletal muscle and CNS (Emesis), Lacrimation, Lethargy, Salivate

Mode of death: respiratory failure via flaccid muscular paralysis exacerbated by bronchosecretion and bronchoconstriction

Chronic Exposure to Low Doses:

blurred vision, incontinence, twitching\*\*\*

neuropathy associated with axonal demyelination

# Treatment

## Lethal Dose

- Remove contaminated clothing; remove from exposure site
- Wash skin with soap, bleach (alkaline hydrolysis)
- Respiratory support (O<sub>2</sub>, ventilatory assistance, treat Sz)

## Atropine – anti-muscarinic agent

- reverses dangerous parasympathetic effects (respiratory)
- 0.5-2 mg IV q15min until respiratory secretions dry (days!)

Pralidoxime (2-PAM) - specific for organophosphate poisoning

# Therapeutic use of AchE inhibitors

Photos removed for copyright reasons.

Myasthenia gravis (edrophonium,  
pyridostigmine, neostigmine)

Alzheimer's Disease (tacrine and donepezil)

Reversal of neuromuscular blockers  
(neostigmine, physostigmine)

Glaucoma (physostigmine, echothiophate)

# Summary of Key Points

Reversible versus irreversible inhibition of AchE causes build up of Ach at synapse

Toxicity associated with AchE inhibitors (patient case!) include global nicotinic, muscarinic, & CNS effects (*DUMBBELLS*)

Treatment for Exposure to Irreversible Inhibitors

Atropine – counteract ACh agonism

2-Pralidoxime – prevent aging